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RETURN TO HYDROGENATED OILS COLUMN**PLEASE READ - THIS INFORMATION CAN SAVE YOUR LIFE!**

Did you know that hydrogenated oils, mono-diglycerides, anything hydroilized that are in many of the foods you purchase has been shown to cause coronary heart disease by reseachers at Harvard, high cholesterol and triglycerides, diabetes type II, cancer, impaired immune system, auto-immune problems and other health problems.



You have been given this health warning by someone who knows the truth. If you would like to know the facts of over 125 research studies that show the negative impact on the human body of these oils, then visit, author/columnist, David Lawrence Dewey's website and read an extensive article with research studies. The site is: <http://www.dldewey.com/hydroil.htm>. Make sure you also read about Aspartame, otherwise known as Equal or Nutrasweet. This is a deadly chemical that causes brain tumors and a host of other health problems as well.

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